

## Resources for Mental Health Professionals serving Human Trafficking Survivors

### Journal Articles:

*Mental Health and Human Trafficking: Prevalence and risk of violence and the mental, physical and sexual health problems associated with human trafficking: an updated systematic review*  
Epidemiology and Psychiatric Sciences (2016), 25, 342–344. Cambridge University Press.

*Understanding and Responding to the Needs of Commercially Sexually Exploited Youth  
Recommendations for the Mental Health Provider*  
Child Adolescent Psychiatric Clinic of North America. 2016 Jan; 25(1): 107–122.

*Supporting the Mental Health of Trafficked People*  
Lancet Psychiatry. 2015 Oct 16.

*Human Sex Trafficking in America: What Counselors Need to Know*  
Litam, S. A. (2017). The Professional Counselor. Volume 7, Issue 1, Pages 45–61.

*Suitability of measurements assessing mental health outcomes in men and women trafficked for sexual and labour exploitation: A systematic review* S Doherty, BH Lane, S Oram, S Siriwardhana, M Abas. Lancet Psychiatry. 2016 May; 3(5):464-71

*Mental Health Service Responses to Human Trafficking*  
Domoney, J., Howard, L., Abas, M., Broadbent M., Oram, S. (2015). BMC Psychiatry 15: 289.

*Psychotherapy in the Aftermath of Human Trafficking: Working Through the Consequences of Psychological Coercion, Women & Therapy*  
Paola Michelle Contreras, Diya Kallivayalil & Judith Lewis Herman (2017), 40:1–2, 31–54.

*From Victim to Healer: How Surviving Sex Trafficking Informs Therapeutic Practice*  
Waters, Emily M. (2016) Dignity: A Journal on Sexual Exploitation and Violence: Vol. 1: Iss. 1, Article 9.

*Human Sex Trafficking in America: What Counselors Need to Know*  
Litam, S. A. (2017). The Professional Counselor. Volume 7, Issue 1, Pages 45–61.

*Mental Health in Survivors of Sex Trafficking*  
Levine, J. A. (2017). Retrieved from <http://www.tandfonline.com>

### Online Collaborative:

The TRuST Collaborative is a network of mental health providers who are offering services to survivors of human trafficking.

Vision: We are working towards a future in which all survivors of human trafficking have access to quality, trauma-informed mental health services to support them through the recovery process.

Mission: Our mission is the creation of a supportive and collaborative community of mental health providers committed

### TRuST Goals:

- To provide opportunities for networking and to enhance collaboration between mental health providers working with survivors of human trafficking.
- To share information and resources with anti-trafficking mental health providers.

- To facilitate growth of the research base on mental health and human trafficking.
- To identify promising practices for intervention with trafficking survivors.
- To advocate for intentional trauma-informed mental health care and improved quality of care for trafficking survivors.
- To facilitate the growth of the research on mental health and human trafficking

To Join TRuST:

- Website: [TrustCollaborative.org](http://TrustCollaborative.org)
- Facebook: Trauma Recovery for Survivors of Trafficking
- Join the Listerv
- Take the short survey

### **Online Research:**

Arizona State University's School of Social Work's Sex Trafficking Intervention Research (STIR)  
<https://socialwork.asu.edu/stir/research>

STIR's brochures and online training: <https://socialwork.asu.edu/stir/training>

[A Training Guide for Mental Health Providers](#)